



Faculty of Social and Behavioural Sciences

HONOURS COMMUNITY

Dear reader,

We are proud to present to you the second edition of the "Think Big Newsletter". During the past few months the Social and Behavioural Science Honours Community has been busy organizing the Dare to Compare Congress! This congress addresses big societal challenges from an interdisciplinary perspective: Privacy, Pedophilia, Stress among Students, Obesity Climate Change and Radicalization. In this newsletter you can read more about the Dare to Compare Congress and the societal challenges that will be highlighted.

Enjoy reading our newsletter!

On the 18th of January there will be a Dare to Compare Congress

DARE TO COMPARE CONGRESS

regarding social and behavioural change. This Congress is for all people interested, professionals working in social and behavioural science and of course the honours students and staff members of the Faculty of Social and Behavioural Sciences. Be sure to join us at the University Hall, Located in Dom Square in the centre of Utrecht from 18:30 to 23:00!



compare course has been busy managing the

ORGANIZING COMMITTEE

six groups that deal with the different themes of the Congress. The themes will be: Privacy, Pedophilia, Stress among Students, Obesity Climate Change and Radicalization. In the past few weeks they have established the time-table (displayed below), made extensive checklists (which they are now working on) and looked at the financial side of the event. And all this, besides of course receiving, giving and maintaining input from the different groups. The organizing committee is currently working on a rehearsal of the congress in the coming weeks and on the completion of the script for the evening.

The organizing committee within the Dare to

19:55 **Break** Round 2 20:10 20:50 Break 21:00 Keynote-speaker by Pennockpostema 21:45 **Drinks**

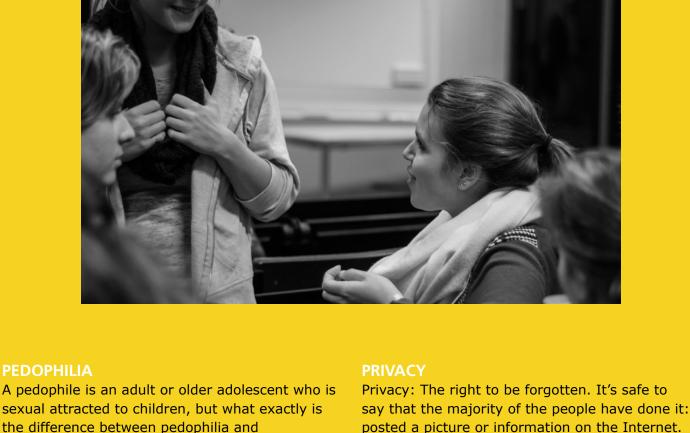
Opening Round 1

18:30

19:00

19:15

Arrival of the guests



about pedophiles? Are pedophiles themselves victims of their love for children? Do pedophiles have to change or does the society have

to change its view about being in love with children? A consideration of all the possible answers to these questions can be expected at the Dare to Compare Congress. Are you curious about the answers? STRESS AMONG STUDENTS Performance-related pressure in the education system and financial pressure among students seem to take their toll on health and study results. In 2013 almost half of the students report psychological distress according to the National Student Union (LSVb, 2013). Alarming symptoms of stress, depression and weariness seem to accompany modern student-life. To stimulate change and set ourselves into motion, we'll

pedosexuality? Do we have to change our view

ask you to participate in one of the upcoming strategies to reduce stress and get a grip on life: mindfulness. Psychologist and mindfulness trainer Josine van Vegchel works at Mind Work Productions and is the proud owner of the company Josine Christie. She will introduce us to mindfulness by offering a short-exercise at the Dare to Compare Congress. **CLIMATE CHANGE** Most people are aware that climate change is a growing problem. Documentaries, newspaper articles, and posts on social media are released regularly on the dangers regarding the sustainability of life on earth for future generations resulting from climate change. Despite our knowledge about the consequences of our excessive life styles, most of us do not change our daily habits in favour of conserving

the planet. Why is this the case? And how

do we get others and ourselves to live in an

world is trying to figure out how to deal with this new phenomenon. The answers aren't, however, as straightforward as the questions it raises. Human behaviour, at the individual and society level, international ideological differences and business interest all play a part in the search for right proceeding. **OBESITY** One of the topics discussed at the Dare to Compare Congress will be Obesity. More specifically, there seems to be one factor related to be obesity that unfortunately is still rather unknown: priming. Priming aims at influencing

Once it's out there, it's available to everyone. This

raises a lot of questions about privacy, and the

our unconscious or implicit memory. After a short introduction to this topic further information will be provided concerning the advertisement of unhealthy foods. What can be done to prevent or stop this form of advertisement regarding unhealthy foods and perhaps more importantly: what can people do themselves? These questions will be asked during an interactive discussion. **RADICALIZATION** Political radicalization is an extremely complex

and highly relevant societal issue. In our presentation we will be focusing on the developmental factors, maintaining factors and possible solutions to right-wing radicalization within Europe. We will be looking at examples of the Dutch PVV party, Greek Golden Dawn, and Germany's Pegida movement to underline the problem of radicalization for society. We will use various academic perspectives ranging from sociology to psychology to address the issue. In addition we will carry out an interview with Psychology from our very own Utrecht University.

environmentally friendly manner? Our answers to these questions will be based on the Theory Prof. Dr. Kees van den Bos, professor of Social of Planned behaviour, where topics like social norms, cognitive dissonance, fear-arousing Prof. Dr. van den Bos is is an expert in the field communication, and more will be discussed. of group threat, terrorism, and radical behaviour. The audience will be incorporated to discuss potential solutions to address radical political activism.

This newsletter is brought to you by the Social and Behavioural Sciences Honours Community and is send to future

honours students, current students enrolled in the Honours Program of Social and Behavioural Sciences and it staff

members. Our aim is to keep you posted on the latest activities and info regarding our Honours Community.

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